



6th International Meeting on Imagery Rescripting

We are excited to announce that the 6th International Meeting on Imagery Rescripting will take place on **19-20 March 2026 in Poznań (Poland)** at the SWPS University campus. *Please mark your calendars and please share this call within your relevant networks!!*

REGISTRATION and CALL FOR SUBMISSIONS

Participation is free of charge, but registration is mandatory for organizational purposes.

**** Please register by sending an email to imrs2026@swps.edu.pl****

We welcome a wide range of submissions. Please submit an abstract regardless of whether you are a researcher or clinician, novice or advanced, etc. The types of submissions are listed below.

**** Please submit your abstract to imrs2026@swps.edu.pl before 31 December 2025!****

Brief oral presentations (15 min incl. questions)

Research presentations Please submit a brief abstract including Presenter details, Title, Background, Methods, Results and Discussion. Clearly indicate "brief (15 min.) research presentation".

Clinical presentations by clinicians may include successful or unsuccessful ImRs cases, new ideas on best practices, clinical challenges and solutions, etc. Please submit a brief abstract including Presenter details, Title, and the aim and take-home message. Clearly indicate "brief (15 min.) clinical presentation".

Combined research and clinical presentations (30 min incl. questions)

We encourage researchers and clinicians to co-present on a clinical ImRs study or ImRs topic. For example, the researcher may present the design and statistical results of the study, while the clinician who treated patients in the study shares their experiences. Other formats may be suitable, as long as it is a co-representation integrating scientific and clinical views on a specific ImRs topic. Please submit a brief abstract including Presenter details, Title, aim and outline of the presentation. Clearly indicate "combined (30 min.) presentation".

Posters

Please submit a brief abstract including Presenter details, Title, Background, Methods, Results and Discussion. Clearly indicate "poster".

Masterclasses (90 min)

Offer an in-depth exploration of a specialized ImRs topic, focusing on the integration of theory, research, and therapeutic application. Masterclasses should provide an opportunity for skill development, case-based discussion, and critical reflection on challenges. It may also focus on integrating research routines in daily clinical ImRs practice (e.g., N=1 or routine outcome monitoring). Please submit a brief abstract including Presenter details, Title, learning goals and an outline of the program. Clearly indicate "masterclass".

If you have any questions, please contact us at imrs2026@swps.edu.pl. We look forward to your contributions and hope to see you in Poznań!

Jarek Michałowski, Julie Krans & Muriel Hagenaars